

## Sheida Shaafi

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## EDUCATION

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1985-1992     *M.D.*, Medical School, Tabriz University of Medical Sciences, Tabriz, Iran

Dissertation: “*Perforation of tympanic membrane etiologies, characteristics in Tabriz Emam Hospital admitted patients*” under Supervision of Dr. Rahim Sayyah Melli.

1992-1996     *Resident of Neurology*, Department of Neurology, Medical School, Tabriz University of Medical Sciences, Tabriz, Iran

Dissertation: “*Intractable seizures etiology and prognosis in 300 epileptic patients with drug resistant epilepsy* ” under supervision of Dr. Reza Khandaghi

## HONORS AND AWARDS

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2004             *1<sup>st</sup> rank*, National Epilepsy research festival ,Iranian Epilepsy Association , Tehran, Iran

## **PROFESSIONAL ACTIVITIES**

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- 2012-Present *Associated Professor*, Department of Neurology, Tabriz University of Medical Sciences, Iran
- 2012-Present *Neurology Consultant*, Mortality, Morbidity Committee, Razi Hospital, Tabriz University of Medical Sciences, Iran
- 2008-Present *Member of Neuroscience Research Center*, Tabriz University of Medical Sciences, Iran
- 1998-present *Member of Iranian Neurology association*, Tehran, Iran
- 2011 *Member of Neurology Pre-board examination committee*, Tabriz University of Medical Sciences, Iran
- 2015-2017 *Research Assistant*, Department of Neurology, Tabriz University of Medical Sciences, Iran
- 2017-Present *Educational Assistant*, Department of Neurology, Tabriz University of Medical Sciences, Iran
- 2016-Present *Member*, Committee on Clinical Competency, Tabriz University of Medical Sciences, Iran
- 2008-Present *Member of Epilepsy Society of East Azerbaijan board manager*  
Tabriz, Iran

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## **RESEARCH INTERESTS**

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- *Stroke*
- *Epilepsy*
- *Multiple sclerosis*
- *Headache*

## PUBLICATIONS

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- *Peer-Reviewed Papers*

1. The efficacy of the ketogenic diet on motor functions in Parkinson's disease: A rat model Iranian Journal of Neurology Vol 15, No 2 (2016) - Original Article(s) Sheida Shaafi, Safa Najmi, Hamed Aliasgharpour, Javad Mahmoudi, Saeed Sadigh-Etemad, Mahdi Farhoudi, Negar Baniasadi
2. Modulatory role of ketogenic diet on neuroinflammation; a possible drug naïve strategy to treatment of Parkinson's disease  
Sheyda Shaafi, Javad Mahmoudi, Safa Najmi, Saeed Sadigh-Eteghad, Mehdi Farhoudi, Hamed Aliasgharpour Shaafi, Sheyda, Department of Neurology, School of Medicine, Tabriz University of Medical Sciences, Tabriz, Iran., Iran, Islamic Republic of
3. Anti-Oxidative Effect of Lipoic Acid in Spinal Cord Ischemia/Reperfusion  
Sheyda Shaafi , Mohammad Razm Afrooz , Babak Hajipour , Alireza Dadashi , Mohammad Mehdi Hosseinian , Ali Khodadadi Med Princ Pract 2011;20:19–22  
DOI: 10.1159/000319772
4. Sertraline effectiveness in prevention of depression and QOL improvement in MS patients  
HS Sepideh Herizchi, Mohammad Asgharpour, Sheida Shaafi, Mazyar Hashemilar  
International Journal of Current Research and Academic Review 4 (9), 156-162
5. Early Motor-Behavioral Outcome of Ischemic Stroke with Ketogenic Diet Preconditioning: Interventional Animal Study  
Sheida Shaafi, MD \*, Mirmohsen Sharifi-Bonab, MD , Neda Ghaemian, MD \*, Mohaddeseh Mokhtarkhani, MD†, Hossien Akbari, MD  
Journal of stroke & cerebrovascular disease, April 2019 Volume 28, Issue 4, Pages 1032–1039
6. A Study of prevalence of different types of stroke in Tabriz since 2001-5  
Masoud Nikanfar, Dariush Savadi Oskouei\*, Farzad Mahshad, Sheida Shaafi  
Neuroscience research center (NSRC), Department of Neurology, Faculty of Medicine, Tabriz, University of Medical Sciences, Tabriz, Iran
7. Evaluating Role of Leukocytosis and High Sedimentation Rate as Prognostic Factors in Acute Ischemic Cerebral Strokes  
Pakistan Journal of Biological Sciences  
Year: 2012 | Volume: 15 | Issue: 8 | Page No.: 386-390  
DOI: 10.3923/pjbs.2012.386.390  
Masoud Nikanfar, Sheyda Shaafi, Mazyar Hashemilar, Daioush Savadi Oskouii and Mohamad Goldust
8. Serum 25(OH) Vitamin D levels is not associated with disability in multiple sclerosis patients: A case-control study  
Masoud Nikanfar, Maria Yazdani, Hamzeh Abbaszadeh Iranian Journal of Neurology 14(1):17-21 · January 2015

9. Interleukin-6, a reliable prognostic factor for ischemic stroke **Iranian Journal of Neurology 13(2):70-6 · April 2014**

Sheyda Shaafi,Ehsan Sharifipor,Rohullah Rahmani,Robab Mehdizadeh

10. Celiac disease and multiple sclerosis in the northwest of Iran Bratislavske lekarske listy 113(8):495-7 · August 2012

11. Prevalence of significant carotid artery stenosis in Iranian patients with peripheral arterial disease Vascular Health and Risk Management 7(1):629-32 · October 2011

Abolhasan Shakeri,Kamyar Ghabili,Sheyda Shaafi, {...}

12. Prevalence and electrophysiologic evaluation of carpal tunnel syndrome in pregnant women **European Journal of Anaesthesiology 25(Supplement 43):29-30 · January 2008**

Sheida Shaafi,Shoeib Naimian,Hormoz Ayramlou,Manigeh Sayyahe melli

13. A rare case of hypomelanosis of Ito Pakistan Journal of Biological Science **January 2008**

Sheida Shaafi,Hamideh Herizchi

14. Evaluation of Oxygen Therapy in Prognosis of Ischemic Stroke (Text in Persian)  
Sheida Shaafi , Dariush Savadi Oscoie ,Jaleh Pargheh Azari Medical Journal of Tabriz  
University of Medical Science & Health services 2011(Issue 5) Page 43

15. Evaluation of Knowledge of Epileptic Patients about Their Disorder **Volume 2, Issue 3 And 4 (Autumn & Winter 2015: Original | Subject: General**  
| Accepted: 17/10/2015 | Published: 17/10/2015

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Shaafi S. Hassan salmashi.

16. Evaluation cervical cord changes in the patients with MS and their comparison with vasculitis patients Life Science Journal 9(4):607-613 · December 2012

Masoud Nikanfar,saeed Charsoei,Zinat Miabi,Sheida Shaafi

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